Tobacco Treatment Specialist Training & Certification		
Day 1		
Timeline	Topics	
8:00 - 8:45	Welcome – Course Overview	
8:45 – 9:30	Tobacco Use Disorder Overview: History and Public Health Perspective	
9:30 - 9:45	Break	
9:45– 11:45	Motivational Interviewing: The Basic Language of Behavior Change	
11:45 - 12:45	Lunch	
12:45 – 1:45	Motivational Interviewing: The Basic Language of Behavior Change	
12:45 - 1:45 1:45 - 1:55	Ū	
	Basic Language of Behavior Change	
1:45 - 1:55	Basic Language of Behavior Change Break	
<u>1:45 – 1:55</u> 1:55– 2:55	Basic Language of Behavior Change Break Assessment Tools and Strategies	
<u>1:45 - 1:55</u> 1:55- 2:55 2:55 - 3:10	Basic Language of Behavior Change Break Assessment Tools and Strategies Break Current Trends	

Day 2	
8:00 – 8:15 am	Interactive Tobacco Discussion
8:15 - 9:15	Diverse Populations
9:15 – 9:25	Break
9:25 – 10:25	Pharmacotherapy Case Studies Physician Q&A
10:25 - 10:40	Break
10:40 - 11:40	Special Populations: Pregnancy
11:40 - 12:40	Lunch
12:40 – 1:55	Small Groups – Assessment & Exploring Motivation (Session 1)
1:55 – 2:05	Break
2:05 – 3:05	Special Populations: Considerations Regarding Adolescents
3:05 – 3:20	Break
3:20 - 4:20	Special Populations: Mental Health and Substance Abuse
4:20 - 4:35	Wrap-up
End of Day 2	

Day 3		
8:00 am – 8:15 am	Interactive Tobacco Discussion	
8:15 – 9:00	Relapse Prevention	
9:00 - 9:05	Stretch Break	
9:05 – 9:50	Relapse Prevention Case Studies	
9:50 - 10:00	Break	
10:00 - 11:15	Specialized Tobacco Treatment: Group Counseling	
11:15 – 12:15	Lunch	
12:15 – 1:30	Small Groups – Providing Education & Pharmacotherapy (Session 2)	
1:30 - 1:45	Break	
1:45 – 2:45	Review Activity	
2:45 - 3:00	Test Prep & Final Q&A	
End of Day 3		

To Purchase Patient/Facilitator Materials:



Don't forget to fill out the course evaluation at the end of each day!

Go to your Brightspace dashboard and click the evaluation tile at the bottom of the page.